

Ready for Overnight Events?!

Before heading off to an overnight event here at St. Luke's UMC, it's important for everyone to feel both mentally and emotionally ready for the experience. The following checklist highlights key attributes that a student should demonstrate (more often than not) to ensure they're ready. Developing these qualities beforehand, students can make the most of their time away and have a positive, meaningful experience. If you have any questions or concerns, please reach out to the Director of Youth Ministry!

Enjoys being on a Team!

- I'm able to work with the group and contribute to the collective goals or decisions.
- Example: If the group decides on a project direction, I'm flexible and actively help out.
- Example: I stay with my camp group even if other friends want to me to do something else.

Self-Advocacy

- I'm comfortable speaking up when I need something or when something isn't working for me.
- Example: If I'm struggling in class, I ask the teacher for help instead of just falling behind.

Responsible for personal belongings

- I'm responsible for my things and make sure they're organized and in good condition.
- Example: I make sure to put my phone or keys somewhere safe.

Willingness to accept help from others

- I am open to receiving support from others when there is a problem.
- Example: When I'm frustrated or stressed out, I'm not afraid to talk to a friend or adult for advice or to help me calm down.

Respect for others' space and property

- I understand boundaries and treat other people's things and personal space with care.
- Example: I make sure to ask before borrowing someone's stuff, and I respect their personal space.

Following directions in busy moments

- I typically know when to stay focused and follow instructions even when things are hectic.
- Example: During a crowded event or when everyone is talking at once, I listen carefully and follow through on what's asked.