

# Lenten Small Group Study Guide

## TOGETHER WE PRAY

*“Give us this day our daily bread”*

### WEEK 3: MAR 3–MAR 9

#### CONNECT (15 MIN)

##### WELCOME

- Welcome to Lent! Check in with each other to see how your week has been
- Is there anyone missing you should check on or prayer for?
- Before you listen to the video recite The Lord’s Prayer together

#### *The Lord’s Prayer*

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the Kingdom, and the power, and the Glory, forever. Amen Matthew 6:9–13

#### THIS WEEK’S BIBLE VERSE REFERENCES:

##### JOHN 6:32–35

Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.” Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

#### CULTIVATE (5 MIN) - WATCH OR LISTEN TO VIDEO

Click on the link below to watch this weeks message from Pastor Rob

[stlukesumc.com/lentweek3](http://stlukesumc.com/lentweek3)

GROUP VALUES: It’s important that you agree on the values you want to have in your group, such as openness, authenticity, and confidentiality. Honoring these values together creates a safe and healthy group environment.

## DISCUSSION QUESTIONS (35 MIN)

- Get started by naming all the different breads of the world you can think of. What's your favorite?!
- Scripture Study:
  - Read Exodus 16:1-5. What lessons do you think we are meant to take away from this story? What might hunger represent in this passage?
  - God often meets us when we have deep, desperate moments of need. One example of this is when God provides daily manna for the Israelites as they wander the wilderness. It's what they need...but it's not exactly what they want. When has God met your needs in ways you might not have wanted, but actually needed?
  - Read Luke 14:15. In Jewish belief, the Kingdom of God was described as a feast and Jesus often told stories describing heaven this way. Why do you think the Bible pictures heaven as a feast?
- A core concept of this line of the prayer is that we can trust in and depend on God. What helps you and what challenges you to depend on God?
- It's clear from his life and ministry that Jesus cares about our physical AND spiritual needs. Which of these do you find yourself praying about more? How could you become more dependent on God for both types of needs?
- What would it look like for you to engage with God in a daily way? Consider something you might try this week to help you do that and share with your group.

## CHANGE THE WORLD - (5 MIN)

There are many people in the world as well as right here in Indianapolis with food insecurity. How can we help? Look at the Serving Guide under "Food Insecurity". Could you or your group help at Crooked Creek or could you write a letter. It all makes a difference in the lives of those who do not have enough food on a daily basis.

## PRAYER REQUESTS

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## CLOSING PRAYER:

Learning to pray is an important part of our Christian journey. You or a participant can prepare something ahead of time or just pray what is on your heart. Think of it as having a conversation with someone. If you are still a little unsure, look at a Psalm to read for inspiration to write your own prayer.