

# FAITH

*changes everything*

## Faith Changes What I Seek

### GETTING STARTED

Welcome to Lenten Small Groups! For the next 5 weeks, you and your group will meet to discuss the sermon and grow together in faith. As we talk about faith, a good place to start is to understand where each person in your group is on their faith journey. This will take some time, but is time well spent as we Take 15-20 minutes to do the following exercise together:

- Using paper and pen (or crayon, markers, whatever you have!), have each person chart out their life story in 8-10 key segments. Be as creative as you want, using words, pictures, etc.
- Once you have the story sketched out, highlight areas where you can remember that God intersected your path.
- Have each person take a couple minutes to share what they created.
- Ask: As we go into Lent, what word would you use to describe where your faith is right now?
- Pray: God, as we journey together this Lent, help us be open to discovering new parts of our faith and our relationship with you. Be at work in us and through us. Amen.



[stlukesumc.com/sermons](http://stlukesumc.com/sermons)



Search "St. Luke's"

## Mark 4:35-41

*35 On that day, when evening had come, he said to them, "Let us go across to the other side." 36 And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. 37 A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. 38 But he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" 39 He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. 40 He said to them, "Why are you afraid? Have you still no faith?" 41 And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"*



## Sermon & Scripture Discussion

Read this weeks' Scripture together, then discuss:

- What are some barriers to having faith?
- Now, let's explore the other side of that question- what are some reasons TO have faith?
- What does it take to move us from not having faith to trusting the way that God is working? Share an example of a time that you have experienced this shift.
- Picture yourself in our Scripture story for today. Where do you think you'd find yourself? On the shore, looking at the boat? Maybe in the boat but holding on for dear life! Or perhaps feeling at great peace being close to Jesus. Is the place you find yourself the place you desire to be, or would you like to see that change?
- The disciples needed to have great faith to get in the boat and follow where Jesus was taking them. What do you need faith to do in this season of your life?

## Prayer Requests

*"Little faith...is still an avenue that can lead to experiences of God's power."*

*-Rev. Rob Fuquay*